At Make Mothers Matter, we welcome this discussion on support systems enabling the inclusion of persons with disabilities.

However, caregivers must also be recognized and included, particularly in the case of children with disabilities, where the care and support system generally relies on parents, especially mothers.

Parenting is a rewarding yet tough job. Raising a child with disabilities makes the job even tougher. It can be an isolating, exhausting and overwhelming journey. These parents need extra physical, emotional and financial support. They too need to feel included and appreciated.

But more generally, it is the work of caring, unpaid or underpaid, which should be recognized and valued, adequately supported, and more fairly distributed across society.

An effective gender-, disability-, age- responsive care and support system therefore requires a paradigm shift and profound transformations to our economic and social systems, so that care and human rights are prioritized over purely financial growth and short-term profit.

We need to re-design our economy so that it serves people and the planet, not the other way around. That is the concept of a Wellbeing Economy, which a few countries have already embraced. Let’s follow their lead and transform to a care society that supports the wellbeing and inclusion of both care receiver and caregivers.

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1 More information on the Wellbeing Economy Alliance and the Wellbeing Economy Governments partnership (WEGo) is available on https://weall.org/wego